



Simple Sauna Sizing

Sizing Your Harvia

One - Measure Area

$$L \text{ _____ } \times W \text{ _____ } \times H \text{ _____ } = \text{ _____ } \begin{array}{l} \text{Cubic} \\ \text{Feet} \end{array}$$

Two - Calculate Cold Surface* Adder

$$\text{Cold Surface Square Feet: } \text{ _____ } \times 2^* = \text{ _____ } \begin{array}{l} \text{Cold} \\ \text{Surface} \\ \text{Adder} \end{array}$$

Three - Harvia Size

$$\text{Sauna Cubic Feet } \text{ _____ } + \begin{array}{l} \text{Cold} \\ \text{Surface} \end{array} \text{ Adder } \text{ _____ } = \text{ _____ } \begin{array}{l} \text{Harvia} \\ \text{Heater} \\ \text{Size} \end{array}$$

*Cold surface materials include glass, tile walls, brick, concrete, and stone. These materials affect sauna heater sizing. For each square foot of cold surface materials (excluding door), an additional 2 cubic feet must be added to the total room volume calculation.